

PLACERING I GRUPPEN:

ETAPP: 5

Grupp 1		Amstel Gold Race / Bana: PTdE The Cauberg Song / Distans: 49.15 km							
Tax / Video									
Tommy Evaldsson	6	01:23:19	00:00:20	00:00:00	0	01:22:59	1	0	04:40:35
Carl Ljunggren	5	01:24:59	00:00:15	00:00:00	0	01:24:44	2	0	04:38:27
Johan Linhart	8	01:30:03	00:00:10	00:00:00	0	01:29:53	3	0	04:56:43
Andreas N. Gomez	7	01:33:04	00:00:05	00:00:00	0	01:32:59	4	0	04:55:22
Mikael Strand	2	01:33:19	00:00:00	00:00:00	0	01:33:19	5	0	05:06:42
Johan Sahlberg	4	01:33:48	00:00:00	00:00:00	0	01:33:48	6	0	05:08:24
Anders Sahlén	1	01:34:15	00:00:00	00:00:00	0	01:34:15	7	0	05:07:00
Lennart Fransson	3	01:36:15	00:00:00	00:00:00	0	01:36:15	8	0	05:10:11

Grupp 2		Cyklernr:	Måltid:							Sluttid:
Rickard Evaldsson	1		01:27:44	00:00:20	00:00:30	0	01:26:54	1	0	05:04:24
Magnus Fahlgren	5		01:32:44	00:00:13	00:00:15	0	01:32:16	2	0	05:06:56
Karl Johansson	6		01:34:04	00:00:13	00:00:00	0	01:33:51	3	0	05:09:11
David Ohlsson	7		01:34:54	00:00:05	00:00:00	0	01:34:49	4	0	05:11:04
Joakim Kjellander	4		01:35:49	00:00:00	00:00:00	0	01:35:49	5	0	05:14:30
Nicke Svantesson	3		01:38:28	00:00:00	00:00:00	0	01:38:28	6	0	05:16:42
Adam U. Wictorsson	8		01:39:52	00:00:00	00:00:00	0	01:39:52	7	0	05:16:36
Jimmy Evaldsson	2		01:41:14	00:00:00	00:00:00	0	01:41:14	8	0	05:19:18

Grupp 3		Cyklernr:	Måltid:							Sluttid:
Kjell Evaldsson	1		01:34:03	00:00:20	00:01:00	0	01:32:43	1	0	05:13:49
Per Korpås	2		01:34:13	00:00:10	00:00:45	0	01:33:18	2	0	05:15:28
Monica Evaldsson	8		01:36:55	00:00:15	00:00:30	0	01:36:10	3	0	05:16:50
Martin Bengtsson	4		01:37:07	00:00:05	00:00:15	0	01:36:47	4	0	05:21:20
Fredrik Evaldsson	6		01:37:45	00:00:00	00:00:00	0	01:37:45	5	0	05:18:13
Per Börjesson	5		01:37:58	00:00:00	00:00:00	0	01:37:58	6	0	05:17:57
PatrikE. (Gunnar Wikstrand)	7		01:39:15	00:00:00	00:00:00	0	01:39:15	7	0	05:22:31
UlrikO. (Stefan Tornberger)	3		01:43:38	00:00:00	00:00:00	0	01:43:38	8	0	05:24:11

Grupp 4		Cyklernr:	Måltid:							Sluttid:
SvanteA. (Risto Erkkisson)	1		01:36:23	00:00:00	00:00:00	0	01:36:23	1	0	05:29:46
Fredrik Handfast	8		01:36:32	00:00:20	00:01:45	0	01:34:27	2	0	05:23:51
TommyF. (Ivanda Eiduka)	5		01:39:20	00:00:00	00:00:00	0	01:39:20	3	0	05:24:38
Jonas Karlqvist	3		01:39:55	00:00:00	00:01:15	0	01:38:40	4	0	05:38:18
Anders Leijer	7		01:41:26	00:00:00	00:01:00	0	01:40:26	5	0	05:29:48
Emil Ekman	6		01:43:38	00:00:05	00:00:45	0	01:42:48	6	0	05:32:02
Niclas Ejderstig	2		01:46:58	00:00:00	00:00:30	0	01:46:28	7	0	05:41:40
Andreas Bäck	4		01:59:20	00:00:00	00:00:15	0	01:59:05	8	0	06:31:49

SNABBASTE TIDERNÄ FÖR ETAPPEN:

5

Tommy Evaldsson	6	01:23:19	00:00:20	00:00:00	0	01:22:59
Carl Ljunggren	5	01:24:59	00:00:15	00:00:00	0	01:24:44
Rickard Evaldsson	1	01:27:44	00:00:20	00:00:30	0	01:26:54
Johan Linhart	8	01:30:03	00:00:10	00:00:00	0	01:29:53
Magnus Fahlgren	5	01:32:44	00:00:13	00:00:15	0	01:32:16
Andreas N. Gomez	7	01:33:04	00:00:05	00:00:00	0	01:32:59
Mikael Strand	2	01:33:19	00:00:00	00:00:00	0	01:33:19
Johan Sahlberg	4	01:33:48	00:00:00	00:00:00	0	01:33:48

Grupp 2		Cyklernr:	Måltid:				
Kjell Evaldsson	1		01:34:03	00:00:20	00:01:00	0	01:32:43
Karl Johansson	6		01:34:04	00:00:13	00:00:00	0	01:33:51
Per Korpås	2		01:34:13	00:00:10	00:00:45	0	01:33:18
Anders Sahlén	1		01:34:15	00:00:00	00:00:00	0	01:34:15
David Ohlsson	7		01:34:54	00:00:05	00:00:00	0	01:34:49
Joakim Kjellander	4		01:35:49	00:00:00	00:00:00	0	01:35:49
Lennart Fransson	3		01:36:15	00:00:00	00:00:00	0	01:36:15
SvanteA. (Risto Erkkisson)	1		01:36:23	00:00:00	00:00:00	0	01:36:23

Grupp 3		Cyklernr:	Måltid:				
Fredrik Handfast	8		01:36:32	00:00:20	00:01:45	0	01:34:27
Monica Evaldsson	8		01:36:55	00:00:15	00:00:30	0	01:36:10
Martin Bengtsson	4		01:37:07	00:00:05	00:00:15	0	01:36:47
Fredrik Evaldsson	6		01:37:45	00:00:00	00:00:00	0	01:37:45
Per Börjesson	5		01:37:58	00:00:00	00:00:00	0	01:37:58
Nicke Svantesson	3		01:38:28	00:00:00	00:00:00	0	01:38:28
PatrikE. (Gunnar Wikstrand)	7		01:39:15	00:00:00	00:00:00	0	01:39:15
TommyF. (Ivanda Eiduka)	5		01:39:20	00:00:00	00:00:00	0	01:39:20

Grupp 4		Cyklernr:	Måltid:				
Adam U. Wictorsson	8		01:39:52	00:00:00	00:00:00	0	01:39:52
Jonas Karlqvist	3		01:39:55	00:00:00	00:01:15	0	01:38:40
Jimmy Evaldsson	2		01:41:14	00:00:00	00:00:00	0	01:41:14
Anders Leijer	7		01:41:26	00:00:00	00:01:00	0	01:40:26
UlrikO. (Stefan Tornberger)	3		01:43:38	00:00:00	00:00:00	0	01:43:38
Emil Ekman	6		01:43:38	00:00:05	00:00:45	0	01:42:48
Niclas Ejderstig	2		01:46:58	00:00:00	00:00:30	0	01:46:28
Andreas Bäck	4		01:59:20	00:00:00	00:00:15	0	01:59:05

Tax / Video	Amstel Gold Race / Bana: PTdE The Cauberg Song / Distans: 49.15 km								
Carl Ljunggren	6	01:24:59	00:00:15	00:00:00	0	01:24:44	2	0	04:38:27
Tommy Ewaldsson	7	01:23:19	00:00:20	00:00:00	0	01:22:59	1	0	04:40:35 00:02:08
Andreas N. Gomez	8	01:33:04	00:00:05	00:00:00	0	01:32:59	4	0	04:55:22 00:14:47
Johan Linhart	1	01:30:03	00:00:10	00:00:00	0	01:29:53	3	0	04:56:43 00:01:21
Rickard Ewaldsson	2	01:27:44	00:00:20	00:00:30	0	01:26:54	1	0	05:04:24 00:07:41
Mikael Strand	3	01:33:19	00:00:00	00:00:00	0	01:33:19	5	0	05:06:42 00:02:18
Magnus Fahlgren	4	01:32:44	00:00:13	00:00:15	0	01:32:16	2	0	05:06:56 00:00:14
Anders Sahlén	5	01:34:15	00:00:00	00:00:00	0	01:34:15	7	0	05:07:00 00:00:04
Grupp 2	Cyklernr:	Måltid:						Sluttid:	
Johan Sahlberg	6	01:33:48	00:00:00	00:00:00	0	01:33:48	6	0	05:08:24 00:01:24
Karl Johansson	7	01:34:04	00:00:13	00:00:00	0	01:33:51	3	0	05:09:11 00:00:47
Lennart Fransson	8	01:36:15	00:00:00	00:00:00	0	01:36:15	8	0	05:10:11 00:01:00
David Ohlsson	1	01:34:54	00:00:05	00:00:00	0	01:34:49	4	0	05:11:04 00:00:53
Kjell Ewaldsson	2	01:34:03	00:00:20	00:01:00	0	01:32:43	1	0	05:13:49 00:02:45
Joakim Kjellander	3	01:35:49	00:00:00	00:00:00	0	01:35:49	5	0	05:14:30 00:00:41
Per Korpås	4	01:34:13	00:00:10	00:00:45	0	01:33:18	2	0	05:15:28 00:00:58
Adam U. Wictorsson	5	01:39:52	00:00:00	00:00:00	0	01:39:52	7	0	05:16:36 00:01:08
Grupp 3	Cyklernr:	Måltid:						Sluttid:	
Nicke Svantesson	6	01:38:28	00:00:00	00:00:00	0	01:38:28	6	0	05:16:42 00:00:06
Monica Ewaldsson	7	01:36:55	00:00:15	00:00:30	0	01:36:10	3	0	05:16:50 00:00:08
Per Börjesson	8	01:37:58	00:00:00	00:00:00	0	01:37:58	6	0	05:17:57 00:01:07
Fredrik Ewaldsson	1	01:37:45	00:00:00	00:00:00	0	01:37:45	5	0	05:18:13 00:00:16
Jimmy Ewaldsson	2	01:41:14	00:00:00	00:00:00	0	01:41:14	8	0	05:19:18 00:01:05
Martin Bengtsson	3	01:37:07	00:00:05	00:00:15	0	01:36:47	4	0	05:21:20 00:02:02
Gunnar Wikstrand	4	01:39:15	00:00:00	00:00:00	0	01:39:15	7	0	05:22:31 00:01:11
Fredrik Handfast	5	01:36:32	00:00:20	00:01:45	0	01:34:27	2	0	05:23:51 00:01:20
Grupp 4	Cyklernr:	Måltid:						Sluttid:	
Stefan Tornberger	6	01:43:38	00:00:00	00:00:00	0	01:43:38	8	0	05:24:11 00:00:20
Ivanda Eiduka	7	01:39:20	00:00:00	00:00:00	0	01:39:20	3	0	05:24:38 00:00:27
Risto Erkkisson	8	01:36:23	00:00:00	00:00:00	0	01:36:23	1	0	05:29:46 00:05:08
Anders Leijer	1	01:41:26	00:00:00	00:01:00	0	01:40:26	5	0	05:29:48 00:00:02
Emil Ekman	2	01:43:38	00:00:05	00:00:45	0	01:42:48	6	0	05:32:02 00:02:14
Jonas Karlqvist	3	01:39:55	00:00:00	00:01:15	0	01:38:40	4	0	05:38:18 00:06:16
Niclas Ejderstig	4	01:46:58	00:00:00	00:00:30	0	01:46:28	7	0	05:41:40 00:03:22
Andreas Bäck	5	01:59:20	00:00:00	00:00:15	0	01:59:05	8	0	06:31:49 00:50:09

Zwift / VR Watopia / Bana: Del av Mountain 8 (Bergstempo, TT Cykel) / Distans: ca 9 km



Max Slope: ca 18% (Mot Masten)

Höjdmeter: ca 550 meter

Inget spurtpris. Rent Tempo med 30 sekunders fallande start, ledaren i gruppen startar sist.

Upplägg. Uppvärmning 5 km för alla. Vid flygplanet, mitt på bron samlas gruppen ihop. En och en cyklar sedan fram mot övergången till asfalt. Där går starten. Nu är det uppför i drygt 7 km sedan runt masten och ner i portalen, manuell tidtagning gäller och frågan är enkel, vem har ben och lungor för att fixa denna plåga snabbast!??